

Humber Road Race Championships

The Humber Road Race Championships are once again going to be held on Saturday 3rd October at the Ennerdale Leisure Centre - Cycle Track, Sutton Road, Hull. HU7 6EA. 1st event will be 10:00 and we expect to finish no later than 15:00.

To be held under UKA rules Permit: [id#31485](#)

Events are to be held on the 1000m circuit meaning events will be 1, 2, 3 or 5 laps. Individual and Team events in each age group and gender, All teams will consist of 4 members of the same age group and gender, no mixing of ages and genders. Senior teams will comprise all Senior and Vet age groups, Individual medals will be awarded in the Vet age groups 5 year bands.

This is a County Championships Event and as such the Senior and U20's 5,000m events has a strict time limit of 40 minutes.

U12, U14, U16 and U18 Age groups as at 31st August 2026, U20 and Sen as at 31st Dec 2026, Vet band as at 3rd October 2026.

U12 Boys and Girls 1,000m (1 Lap) Minimum Age 10

U14 Boys and Girls 2,000m (2 Laps) Minimum Age 12

U16 Boys and Girls 3,000m (3 Laps) Minimum Age 14

U18 Men and Women 3,000m (3 Laps) Minimum Age 16

U20 Men and Women 5,000m (5 Laps) Minimum Age 18

Senior and Vet Men and Women 5,000m (5 Laps) Minimum Age 20

Entries via the Roster Athletics platform <https://meets.rosterathletics.com/public/competitions/details/about?id=29112>

All age groups entry fee is £6, athletes may only enter 1 event and in their OWN age group.

Entries will close at 23:59 on Friday 25th September

All unpaid entries will be removed at 09:00 Saturday 26th September without any further reminders. At this point the order of events and number of races will be confirmed, they are dependant on entry numbers. Some races may be combined or split in to several races of equal quality. Genders may also be combined within events.

Medals will be awarded as follows:- 1 to 3 entries Gold Only, 4 entries Gold and Silver, 5 or more entries Gold, Silver and Bronze.

The Licence Application now asks for a Minimum Age for each Race, therefore Athletes are NOT permitted to Race up 1 Age Group in this Event.